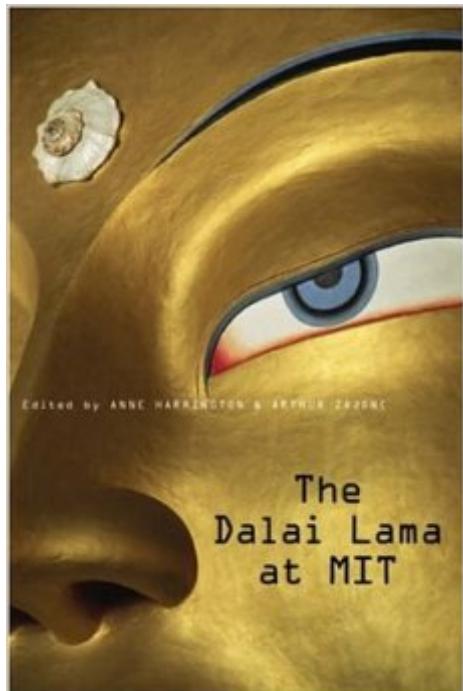


The book was found

The Dalai Lama At MIT



Synopsis

Their meeting captured headlines; the waiting list for tickets was nearly 2000 names long. If you were unable to attend, this book will take you there. Including both the papers given at the conference, and the animated discussion and debate that followed, The Dalai Lama at MIT reveals scientists and monks reaching across a cultural divide, to share insights, studies, and enduring questions. Is there any substance to monks' claims that meditation can provide astonishing memories for words and images? Is there any neuroscientific evidence that meditation will help you pay attention, think better, control and even eliminate negative emotions? Are Buddhists right to make compassion a fundamental human emotion, and Western scientists wrong to have neglected it? The Dalai Lama at MIT shows scientists finding startling support for some Buddhist claims, Buddhists eager to participate in neuroscientific experiments, as well as misunderstandings and laughter. Those in white coats and those in orange robes agree that joining forces could bring new light to the study of human minds.

Book Information

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Customer Reviews

Contrary to what the previous reviewer has to say, the Dalai Lama is actually a significant contributor to this book. He participates in numerous panel discussions that are included in the text, and as always he has a number of extraordinarily insightful things to say. Thankfully, the Dalai Lama has opened this dialogue between Tibetan philosophy, with its sophisticated understanding of the interdependent relationship between subject and object, and contemporary Western cognitive

science. The resulting discussion is likely to yield advances in our understanding of consciousness and the role that desire and self-awareness play in governing our ethical choices. Highly recommended.

A wonderful book and was delivered as promised. I have loaned this book out to friends and they have said they want a copy for themselves to read again.

Very little content. I would not have purchased it if I had flipped through it in a bookstore.

This title is deceptive because the book contains no contribution whatsoever by the Dalai Lama himself. The contributors are all scholars but the most authentic and closest to the Dalai Lama is probably his French interpreter, Buddhist monk Matthieu Ricard.

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